

**Pre-Procedure Instructions**

1. **DO NOT eat or drink anything 8 hours prior to your appointment time**. You may take medications with a SMALL sip of water.
2. A responsible adult must accompany the patient to the office, remain in the office during the procedure and DRIVE the patient home. Your procedure may be cancelled if you do not have a designated driver.
3. PLEASE wear loose fitting clothing the day of your procedure and no jewelry, preferably elastic waist pants with a t-shirt and low heeled shoes. We ask that you leave all your valuables (jewelry, money, etc..) at home.
4. If you are diabetic, please monitor your blood sugar closely.
5. Please arrive 30 minutes prior to your scheduled procedure time, so we can insure you are registered and prepared for the procedure.
6. PLEASE MAKE SURE to inform the physician and the staff if any of the following apply:
   1. YOU HAVE A FEVER or are taking antibiotics
   2. You have an allergy to x-ray dye, iodine, shellfish and/or LATEX
   3. You may be pregnant.
   4. If you become sick with fever, flu or an infectious process prior to your procedure, PLEASE call the office to determine if we need to reschedule based on your symptoms.
7. PLEASE let us know if you are taking **ANY** of the **FOLLOWING** **blood thinning medications**. They may need to be stopped 7-14 days PRIOR to your procedure ONCE WE receive permission from the prescribing physician. **DO NOT STOP** **taking the medication until we let you know the prescribing physician indicates is acceptable**. YOU MAY restart the medication 24 hours after your pain management procedure.

The blood thinning medications are:

\*Aspirin or aspirin containing medication (i.e. Excedrin, Equagesic, Synalogos-DC, BC powder)

\*Non-Steroidal anti-inflammatory drugs (Ibpurofen [Advil, Motrin], Naproxen, Mobic, Arthrotec, Relafen, Daypro, and Celebrex)

\*Coumadin (Warfarin) \*Ticid (Ticlopidine)

\*Heparin, Lovenox (Enoxaparin), Innohep (Tinzaparin) \*Aggrenox (Dipyridamole/aspirin)

\*Herbals containing ginger or ginko biloba \*Effient

\*Plavix (Clopidogrel) \*Orgaran (Damaparoid)

\*Pletal (Cilostazol) and Trental (Pentoxifylline) \*Arixta (Fondaparinux)

\*Fragmin (Dalteparin), Normiflo (Ardeparin) \*Eliquis (Apixaban)

\*Persantine (Dipyridamole) \*Pradaxa

\*Xarelto (Rivaroxaban)